

## Preparing for Birth and Your Baby Expectant Parent and Breastfeeding Classes 2017/2018

### 6 Week Evening Classes 6:30 PM to 8:30 PM

Tuesday, February 7, 2017 –  
March 14, 2017

Wednesday, April 12, 2017 –  
May 17, 2017

Tuesday, June 20, 2017 –  
July 25, 2017

Wednesday, September 13, 2017 –  
October 18, 2017

Monday, October 30 –  
December 4, 2017

### Condensed Weekend Classes Saturday and Sunday 9:00 AM to 1:00 PM

January 7 & 8, 2017

February 11 & 12, 2017

March 11 & 12, 2017

April 8 & 9, 2017

May 13 & 14, 2017

June 24 & 25 2017

August 5 & 6, 2017

September 9 & 10, 2017

October 21 & 22, 2017

November 18 & 19, 2017

December 2 & 3, 2017

January 13 & 14, 2018

### Breastfeeding Classes Monday Evenings 6:00 PM to 8:00 PM

February 20, 2017

March 20, 2017

April 24, 2017

May 22, 2017

June 26, 2017

August 21, 2017

September 18, 2017

October 23, 2017

December 4, 2017

January 15, 2018

Partners and/or support persons are encouraged to attend and always welcome at the Childbirth Education classes. The Birthing Center reserves the right to cancel a course if there are fewer than three mothers/couples registered. To register, complete the information on the reverse and mail to the address on the form. If you have any questions, please call 802-388-4720 to speak with a Birthing Center representative.

## Preparing for Birth and Your Baby Expectant Parent and Breastfeeding Classes 2017/2018 Registration

Mother's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Father's/Partner's/Companion's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Street or Box # Town State Zip

Baby's Due Date: \_\_\_\_\_ Phone: Home: \_\_\_\_\_

Doctor or Midwife: \_\_\_\_\_ Work: \_\_\_\_\_

Hospital/Birth Place: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Classes you want: \_\_\_\_\_

Number of Pregnancies: \_\_\_\_\_ Number of children & Their Ages: \_\_\_\_\_

Previous Births at Porter: \_\_\_\_\_ Mother's health during this pregnancy: \_\_\_\_\_

Any health problems in previous pregnancies? \_\_\_\_\_

What do you hope to learn in your classes? \_\_\_\_\_

Do you plan to breastfeed or bottlefeed? Please circle.

Is there anything you'd like your instructor to know about you? \_\_\_\_\_

Please mail form to:

Porter Birthing Center

Porter Hospital, Inc.

115 Porter Drive, Middlebury, Vermont 05753

-----CUT AND KEEP FOR DIRECTIONS, ETC.-----

Due to construction at Porter Hospital, classes will be held in a variety of locations on the Porter Hospital campus. Please call the Birthing Center at 802-388-4720 prior to your scheduled course date to find out where the course will be held. Primarily, the courses will be held at Helen Porter Healthcare and Rehabilitation Center in their community room: 30 Porter Drive, Middlebury Vermont. The Community Room is to the left after entering the building through the double doors. An alternative site will be Middlebury Regional EMS: 55 Collins Drive, Middlebury Vermont. The conference room is to the left after you enter the building.

Your class begins on: \_\_\_\_\_ at \_\_\_\_\_

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