

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Summer Menu Wk 3

<u>Monday</u> <u>Breakfast</u>	<u>Tuesday</u> <u>Breakfast</u>	<u>Wednesday</u> <u>Breakfast</u>	<u>Thursday</u> <u>Breakfast</u>	<u>Friday</u> <u>Breakfast</u>	<u>Saturday</u> <u>Breakfast</u>	<u>Sunday</u> <u>Breakfast</u>
<ul style="list-style-type: none"> • Ham & Cheese Bake • Toast • Oatmeal 	<ul style="list-style-type: none"> • Cinnamon French Toast • Sausage • 	<ul style="list-style-type: none"> • Fried Eggs • Sweet Potato Hash • Blueberry Muffin 	<ul style="list-style-type: none"> • Cream Cheese Scrambled Eggs • Toast • Cheerios 	<ul style="list-style-type: none"> • Brown Sugar & Cinnamon Oatmeal • Eggs Benedict Casserole 	<ul style="list-style-type: none"> • Cheese Omelet • English Muffin 	<ul style="list-style-type: none"> • Scrambled Eggs • Apple Strudel • Corn Flakes
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
<ul style="list-style-type: none"> • BBQ Pork Riblette • Tossed Salad w/Dressing • Baked Potato w/ Sour Cream • Cherry Crisp w/ TPG 	<ul style="list-style-type: none"> • Burger Pot Pie • Mixed Veggies • Pumpkin Cheesecake w/ TPG 	<ul style="list-style-type: none"> • Chicken & Broccoli Stir-Fry • Steamed Rice • Orange Sherbet 	<ul style="list-style-type: none"> • Spaghetti w/ Meat Sauce • Garlic Bread • Green Beans • Fruited Jell-O w/ TPG 	<ul style="list-style-type: none"> • Seafood Salad on a Bun • Coleslaw • Lemon Square w/ Tpg 	<ul style="list-style-type: none"> • Veggie Lasagna • Italian Bread w/ Butter • Stewed Tomatoes • Brownies 	<ul style="list-style-type: none"> • Honey Glazed Baked Ham w/ Gravy • Sweet Potatoes w/ Butter • Peas • Chocolate Eclair
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
<ul style="list-style-type: none"> • Beef Ravioli w/ Tomato Sauce • French Bread w/ Butter • Roasted Zucchini • Pears 	<ul style="list-style-type: none"> • Breaded Fish on a Bun • Corn/Creamed Corn • Mandarin Oranges 	<ul style="list-style-type: none"> • Ham & White Bean Soup • Egg Salad Sandwich • Grapes 	<ul style="list-style-type: none"> • Veggie Mac Soup • Turkey Salad Sandwich • Fruit Salad Cup 	<ul style="list-style-type: none"> • Chicken Tender w/ Dipping Sauce • Mashed Potatoes w/ Gravy • Spinach • Strawberry Banana Smoothie 	<ul style="list-style-type: none"> • Beef Chili • Cornbread • Sliced Cucumber • Peaches 	<ul style="list-style-type: none"> • French Onion Soup • Tuna Salad Sandwich • Watermelon

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.