

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Fall Menu 18 Wk 1

Monday Breakfast

- Cream Cheese Scrambled Eggs
- Cinnamon Raisin Toast

Lunch

- Spaghetti & Meatballs (serve in a boat)
- Roasted Zucchini
- Garlic Bread
- Raspberry Sherbet

Dinner

- Corn Chowder
- Tuna Salad Sandwich
- Fruit Cocktail

Tuesday Breakfast

- Banana Pancakes w/ VT Maple Syrup
- Bacon

Lunch

- Chicken Broccoli Stir Fry
- Steamed Rice
- Homemade Cheese Roll
 - Apple Pie With Tpg

Dinner

- Hot Dog on a Bun
- Baked Beans
- Coleslaw
- Mandarin Oranges

Wednesday Breakfast

- Sourdough Toast
- Tomato, Sweet Peppers, Onion & Cheese Omelet
- Oatmeal

Lunch

- Breaded Baked Haddock w/Lemon & Tartar Sauce
- Baked Potato w/ Sour Cream
- Green Beans
- Carrot Cake w/ Cream Cheese Frosting

Dinner

- Burger Pot Pie
- Sweet pot. fries
- Rosy Applesauce w/ Topping

Thursday Breakfast

- French Toast w/ VT Maple Syrup
- Sausage

Lunch

- Open Face Hot Turkey Sandwich w/ gravy + cranberry sce
- Mashed Potatoes with gravy
- Winter Squash
- Vanilla Pudding w/ TPG

Dinner

- Pork Stew with Potatos
- Homemade Herb Roll w/ Butter
- Diced Beets
- Fresh Fruit Cup

Friday Breakfast

- Fried Eggs
- Maple Oatmeal
- Home Fries

Lunch

- Homemade Cheese Burgers on a Bun
- Tossed Salad w/ Dressing
- Chocolate Mint Brownie

Dinner

- Cream of Mushroom Soup
- Egg Salad Sandwich
- Grapes

Saturday Breakfast

- Scrambled Eggs
- English Muffin
- Cheerios

Lunch

- BBQ Pork Riblette
- Tater Tots
- Spinach w/ Vinegar
 - Ice Cream

Dinner

- Chicken Cordon Bleu Casserole
- French bread
- Honey + Dill glazed carrots
- Peaches

Sunday Breakfast

- Strudel
- Raisin Bran
- Cheese Scrambled Eggs

Lunch

- Baked Ham w/ Gravy
- Candied Yams
- Petite Peas
- Lemon Meringue Pie

Dinner

- Broccoli & Cheese Soup
- Seafood Salad Sandwich
- Pears

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.