

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Spring Menu Week 2

Monday Breakfast

- Cheese Omelet
- Cinnamon Bun
- Cream of Wheat

Lunch

- Meatloaf w/ Gravy
- Roasted Potatoes
- Brussel Sprouts or Creamed Corn
- Chocolate Glazed Brownie

Dinner

- Chicken Patty on a Bun
- Lettuce & Tomato
- Broccoli
- Fresh Fruit Cup

Tuesday Breakfast

- French Toast w/ VT Maple Syrup
- Bacon

Lunch

- Baked Haddock w/ Lemon Dill Sauce
- Rice Pilaf
- Honey Glazed Carrots
- Pound Cake w/ Tpg & Fresh Berries

Dinner

- Minestrone
- Ham Salad Sandwich
- Peaches

Wednesday Breakfast

- Fried Eggs
- Homefries w/ Onions & Peppers
- Toast

Lunch

- Italian Style Pasta Bake
- Homemade Garlic Bread
- Tossed Salad
- Watermelon

Dinner

- Turkey Pot Pie
- Spinach
- Banana Cream Pie

Thursday Breakfast

- Banana Oatmeal
- Sausage
- Mixed Berry Muffin

Lunch

- BBQ Pork on a Bun
- Coleslaw
- Peanut Butter Cookie

Dinner

- Mac & Cheese
- Homemade Seasoned Dinner Roll
- Green Beans
- Mandarin Oranges

Friday Breakfast

- Scrambled Eggs
- Toast X2

Lunch

- Hot Turkey Sandwich w/ Gravy
- Mashed Potato w/ Gravy
- Roasted Butternut Squash
- Butterscotch Pudding w/ Tpg

Dinner

- French Onion Soup
- Tuna Salad Sandwich
- Fresh Strawberries

Saturday Breakfast

- Egg, Ham, Cheese & Potato Breakfast Casserole
- Oatmeal Toast
- Stuffed Shells
- Italian Bread
- Cauliflower
- Coffee Ice Cream

Lunch

- Stuffed Shells
- Italian Bread
- Cauliflower
- Coffee Ice Cream

Dinner

- Chicken Fingers w/ Assorted Dipping Sauces
- Tater Tots
- Green Beans
- Applesauce w/ Tpg

Sunday Breakfast

- Bran Muffin
- Raisin Bran
- Scrambled Eggs

Lunch

- Roast Pork w/ Gravy
- Bread Dressing w/ Gravy
- Mashed Potato & Zucchini
- Cheesecake

Dinner

- Beef Stroganoff Casserole
- French Bread
- Diced Beets
- Pears

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.